

EDIBLE Plants based on Russian Tortoise.Org, Arizona Exotic Animal Hospital, Tortoise Table				
Will Not Eat	I have seen the 7 Russian I have eat or not these plants I have color coded in the 4th column			
Will Eat	? = Could find nothing in the databases I searched with information on growing or multiple varieties of plants listed			
Indicates differences between sources about edibility		Plant Name	Source	Annual / Biennial / Perennial / Evergreen / Zone
	Abelia	Abelia	TT Moderate	Perennial
	Abutilon	Abutilon	TT	Evergreen
	Acanthus	Acanthaceae	TT	?
	Acca	Acca sellowiana; syn. Orthostemon sellowianus	TT Moderate	Perennial Zone 8B
	Acer	Acer spp.	TT Sparingly	Perennial
	Aeonium	Aeonium spp.	TT	Perennial
	African Violet	Saintpaulia spp.	TT	Perennial / Zone 9a
	Agave	Agave sp.	AEAH, RT.org, TT sparingly	Perennial
	Air Plant	Tillandsia	TT	Perennial
	Alang Alang	Imperata cylindrica	TT Moderate	Perennial / Zone 5a - 9b
	Alexanders	Smyrniolus olusatrum; S. perfoliatum	TT	Perennial / Zone 5a - 8b
	Alfalfa	Medicago sativa	AEAH	Perennial / Zone 3 - 11
	Aloe	Aloe spp.	AEAH, RT.org, TT moderate	Perennial /
	Alsike Clover	Trifolium hybridum	RT.org	?
	Aluminium Plant	Pilea cadierei, Pilea spruceana	TT Moderate	Perennial / Zone 11 - 12
	Alyssum , Sweet	Lobularia maritima	AEAH, TT Moderate	Perennial / Zone 3 - 9b
	Antirrhinum	Antirrhinum majus	TT	Perennial / Zones 7 - 10
	Arizona Cottontop Grass	Digitaria californica	AEAH	Annual
	Artichoke	Cynara scolymus	RT.org	Perennial / Zone 6a - 10b
	Artillery Plant	Pilea microphylla	TT Moderate	Perennial / Zone 9b - 12
	Arugula	Eruca sativa	AEAH	Annual / Zone 9a - 11
	Asparagus	Asparagus officinalis	TT Sparingly	Perennial / Zone 3 - 10
	Asparagus Fern	Asparagus setaceus & plumosus	AEAH	Perennial / Zone 9 - 11
	Aspidistra	Aspidistra spp.	TT moderate	Perennial / Zone 6b - 11
	Aster	Aster sp.	AEAH, TT Moderate	Zone 8b
	Astilbe	Astilbe spp.	TT	Perennial / Zone 4b
	Aubretia	Aubretia	TT Moderate	Perennial / Zone 4a - 8b
	Baby's Tears	Soleirolia soleirolia	AEAH	Perennial / Zone 9a
	Bachelor'S Buttons	Plagiobothrys sp.	AEAH, TT Moderate	?
	Balloon Flower	Platycodon grandiflorus	TT Moderate	Perennial
	Bamboo	Fargesia spp., Phyllostachys spp.	TT Moderate	Perennial / Zone 6b - 11
	Bamboo Muhly Grass	Muhlenbergia dumosa	AEAH	Perennial
	Banana	Musa sp.	AEAH, TT Moderate	Perennial
	Banana (Plantain) (Fruit)	Musa acuminata, Musa balbisiana	TT Sparingly	Perennial
	Barley Grass (Barley)	Horeadum spp.	TT	?
	Barnyardgrass	Echinochloa crus-galli	AEAH	?
	Basil	Ocimum basilicum	AEAH, TT Moderate	Annual
	Bay Tree	Laurus nobilis	TT Sparingly	Perennial
	Bean (Runner, French, Green, String)	Phaseolus coccoineus; P. vulgaris	TT Moderate	Annual
	Bear's Breeches	Acanthaceae	TT	?
	Bee Balm	Monarda spp.	TT	Perennial
	Beech (tree)	Fagus spp.	TT Moderate	Perennial / Zone 3
	Beetroot (Beet, Red Beet, Golden Beet)	Beta vulgaris	TT Sparingly	Biennial
	Begonia	Begonia semperlorens	TT Moderate	Perennial / Zone 8b
	Begonia	Begonia x tuberhybrida	TT Sparingly	Perennial / Zone 8b
	Begonias	Begonia sp.	AEAH	Perennial / Zone 8b
	Bell Flower	Campanula spp.	TT	Perennial
	Bentgrasses	Agrostis sp.	AEAH	Perennial
	Berberis (Barberry, Berberry)	Berberis spp.	TT Moderation	Perennial / Zone 4a
	Bergamot	Monarda spp.	TT	Perennial
	Bermuda	Cynodon dactylon	AEAH	Perennial
	Bermuda Grass	Cynodon dactylon	RT.org	Perennial
	Big Betony	Stachys macrantha, syn Stachys grandiflora	TT Moderate	Perennial
	Big Bluestem	Andropogon gerardi	AEAH	Zone 4a
	Bilberry	Vaccinium myrtillus	TT Sparingly	Perennial
	Bindweed	Convolvulus sp	AEAH	Perennial
	Birch (tree)	Betula spp.	TT Moderate	Perennial / Zone 4a - 9b
	Birds Nests Fern	Asplenium nidus	AEAH	Perennial / Zone 10a - 11
	Birdsfoot Trefoil	Lotus corniculatus	AEAH, RT.org	Perennial / Zone 4a - 9b
	Bishop's Goutweed	Aegopodium podagraria	RT.org	Perennial / Zone 4a
	Bittercress	Cardamine hirsuta & flexuosa	AEAH	Annual
	Black Currant	Ribes nigrum	RT.org	Perennial / Zone 3 - 8b
	Black Medick	Medicago Lupulina	RT.org	Perennial / Zone 3 - 9b
	Black Mustard	Brassica Nigra	AEAH	Annual
	Blackberry	Rubus fruticosus	RT.org, TT sparingly	Perennial / Zone 5a - 9b
	Blackberry	Rubus sp.	AEAH, TT sparingly	Perennial / Zone 5a - 9b
	Blessed Thistle	Cnicus benedictus	AEAH	?
	Blood Grass	Imperata cylindrica	TT Moderate	Perennial / Zone 5a - 9b
	Blue Grama Grass	Bouteloua gracilis	AEAH	Perennial / Zone 2 - 9b
	Blueberry	Vaccinium sp.	TT Sparingly	Perennial / Zone 4a - 8a
	Bluedicks	Dichelostemma pulchellum	AEAH	Perennial
	Bluegrass, Annual	Poa annua	AEAH	?
	Boston Fern	Nephrolepis exaltata	AEAH, TT	Perennial / Zone 9a
	Bottle Brush	Callistemon	AEAH	Perennial / Zone 8a - 11
	Bougainvillea	Bougainvillea spp.	TT Moderate, AEAH	Perennial / Zone 10a
	Bramble	Rubus spp., esp. Rubus Fruticosus	TT Moderate	Perennial / Zone 4a - 8b
	Broadleaf Stonecrop	Sedum spathulifolium	TT Moderate	Perennial
	Brome	Bromus sp.	AEAH	Perennial / Zone 3 - 9
	Bromeliads	Family Bromeliaceae	AEAH, TT	Perennial / Zone 8b - 11
	Brussels Sprouts	Brassica oleracea (gemmifera group)	TT Moderate	Annual
	Buckwheat	Eriogonum fasciculatum	AEAH	Perennial / Zone 8b - 11
	Buddleia	Buddleia spp.	TT Moderate	Perennial / Zone 5a
	Buddleia	Buddleja spp.	TT	Perennial / Zone 5a
	Buffalo Grass	Stenotaphrum secundatum	AEAH	Perennial / Zone 7b - 11
	Buffelgrass	Cenchrus ciliaris	AEAH	?
	Bugle Weed	Ajuga reptans	AEAH, TT Moderate	Perennial / Zone 3
	Burnet	Sanguisorba officinalis	TT Moderate	?
	Bush Basil	Ocimum basilicum	TT	Annual
	Butterfly Bush	Buddleja sp.	AEAH, TT, RT.org	Perennial / Zone 5a
	California Buckwheat	Eriogonum fasciculatum	AEAH	Perennial / Zone 8b - 11
	California Filago	Filago californica	AEAH	?
	California Poppy	Eschscholzia californica	RT.org, TT moderate	Perennial / Zone 9b - 10b
	California Thistle	Cirsium arvense	RT.org	Perennial / Zone 3
	Callisia	Callisia spp., esp. Callisia repens syn Tradescantia minima	TT Moderate	Perennial / Zone 9a - 11
	Camellia	Camellia japonica	TT Moderate	Perennial / Zone 6b
	Campanula	Campanula spp.	TT	Perennial
	Canadian Thistle	Cirsium arvense	RT.org	Perennial / Zone 3
	Canarygrass	Phalaris minor	AEAH	?
	Canterbury Bells	Campanula spp.	TT	Perennial
	Cape Figwort	Phygelius capensis	TT	Perennial / Zone 10b
	Cape Fuchsia	Phygelius capensis	TT Moderate	Perennial / Zone 10b
	Carex	Carex spp.	TT Safe	Perennial / Zone 5 - 9b
	Carnation	Dianthus caryophyllus	AEAH	Perennial
	Carrot	Daucus carota sativus	TT Sparingly	Biennial / Zone 8b
	Cassia	Senna sp.	AEAH	Perennial / Zone 9a - 11
	Cast Iron Plant	Aspidistra spp.	TT moderate	Perennial / Zone 6b - 11
	Cat Grass	Avena sativa, Triticum spp., Lolium perenne, Lolium perenne	TT Safe	Annual
	Cat's Ear	Hypochoeris radicata	TT	Perennial / Zone 4a
	Catbrier	Smilax rotundifolia & sp.	AEAH	Perennial
	Cats Ears	Hypochoeris spp.	AEAH	Perennial / Zone 4a
	Cattle Spinach	Atriplex polycarpa	AEAH	Perennial / Zone

Ceanothus	Ceanothus spp.	TT Sparingly	Perennial / Zone 8b - 10b
Celery (Celery)	Apium graveolens	RT.org, TT	Perennial / Zones 3 - 6
Chamomile	Chamaemelum nobile	AEAH	Perennial / Zone 4a
Chard	Beta vulgaris	TT Sparingly	Biennial
Charleston Grass	Stenotaphrum secundatum	AEAH	Perennial / Zone 7b - 11
Chayote	Sechium edule	TT Sparingly	Perennial / Zone 8b - 11
Chewings Fescue	Festuca rubra commutata	RT.org	?
Chia	Salvia hispanica	RT.org, TT	Perennial / Zone 9a - 11
Chickweed	Cerastium vulgatum & arvense	AEAH	Perennial
Chickweed	Stellaria Media	RT.org	Annual / Zone 6a
Chicory	Cichorium sp.	AEAH	?
Chicory (Wild Chicory)	Cichorium intybus	TT, RT.org	?
Chinese Lantern	Abutilon hybridum	AEAH	Evergreen
Christmas Cactus	Schlumbergera bridgesii	TT moderate	Perennial
Chrysanthemum	Chrysanthemum sp.	AEAH, TT Moderate	Perennial
Chufa, Or Yellow Nut Grass	Cyperus esculentus	AEAH	Perennial / Zone 10b
Cinnamon Fern	Osmunda cinnamomea	AEAH	Perennial / Zone 3 - 10b
Cistus	Cistus spp.	TT Moderate	Perennial
Clarkia	Clarkia spp.	TT	Annual
Climbing Nasturtium	Tropaeolum majus	AEAH	?
Clover	Trifolium repens & pratense	AEAH	Perennial / Zone 3
Clover	Trifolium spp.	TT	Perennial
Cogon Grass	Imperata cylindrica	TT Moderate	Perennial / Zone 5a - 9b
Coleus	Coleus sp.	AEAH, TT	Perennial
Coleus (Flame Nettle, Painted Nettle)	Solenostemon; Plectranthus (formerly Coleus)	TT	Perennial
Comfrey	Symphytum officinale	RT.org	Perennial / Zone 4a - 9b
Common Greenbrier	Smilax rotundifolia & sp.	AEAH	Perennial
Common Plantain	Plantago major	RT.org	Perennial / Zone 4 - 8b
Common Sorrel	Rumex sp. & Oxalis sp.	AEAH	Perennial
Coneflower (Purple)	Echinacea sp. (Rudbeckia)	AEAH, TT	Perennial / Zone 2 - 12
Cordyline	Cordyline spp.	TT Sparingly	Perennial / Zone 8b
Coreopsis	Coreopsis gigantea	AEAH	?
Coreopsis	Coreopsis tinctoria & atkinsoniana	AEAH	Perennial / Zone 6a
Coreopsis	Coreopsis calliopsidea	AEAH	Perennial / Zone 6a
Coreopsis (Tickseed)	Coreopsis spp.	TT	Perennial / Zone 3
Coriander (Cilantro)	Coriandrum sativum	TT Moderate	Annual
Corn Plant	Dracaena fragrans	AEAH	Perennial
Corn Salad	Valerianaceae	TT	Annual / Zone 2 - 11
Cornflower	Plagiobothrys sp.	AEAH	?
Cosmos (Cosmea, Mexican Aster)	Cosmos spp.	TT Moderate	Annual
Cotyledon Orbiculata	Family Crassulaceae, Cotyledon orbiculata	AEAH	Perennial
Couch Grass	Elymus repens, syn. Elytrigia repens; Aegropyron repens	TT Safe	Perennial / Zone 4
Couchgrass	Agropyron repens	AEAH	Perennial / Zone 4a
Courgette (Zucchini, Baby Marrow)	Cucurbita pepo	TT Moderate	Annual
Cow Parsley	Anthriscus sylvestris	RT.org	Biennial / Zone 7a
Crab Apple	Malvus sylvestris	TT Sparingly	Perennial / Zone 4a - 8b
Crabgrass	Digitaria sanguinalis	AEAH	Annual
Cranesbill Geranium	Geranium spp.	TT	Perennial / Zone 4a
Crape Myrtle (tree)	Lagerstroemia indica	TT Moderate	Perennial
Creeping Bell	Campanula rapunculoides	AEAH	?
Creeping Charlie	Pilea nummularifolia	AEAH	Perennial / Zone 9a - 12
Creeping Jenny	Lysimachia nummularia	AEAH, TT Moderate	Perennial / Zone 4a - 7b
Creeping Thistle	Cirsium arvense	RT.org	Perennial / Zone 3
Creeping Zinnia (Mexican Creeping Zinnia, Sanvitalia)	Sanvitalia spp.	TT Moderate	Annual
Cress	Lepidium sativum	TT Moderate	?
Crested Dogtail	Cynosurus cristatus	RT.org	?
Crimson Clover	Trifolium incarnatum	RT.org	Annual
Crossandra (Firecracker Flower)	Crossandra spp., esp. Crossandra infundibuliformis	TT	Zone 10a
Cucumber	Cucumis sativus	TT Moderate	Annual
Cuphea (False Heather, Cigar Plant)	Cuphea ignea; Cuphea ilavea	TT	Perennial / Zone 10a - 11
Curly Mesquite Grass	Hilaria belangeri	AEAH	?
Curry Plant	Helichrysum italicum, syn. H. augustifolium	TT Moderate	Perennial / Zone 8a - 11
Dahlia	Dahlia pinnata & rosea	AEAH, RT.org, TT moderate	Perennial / Zone 8a
Daisy, English	Bellis perennis	AEAH	Biennial / Zone 8b
Dandelion	Taraxacum officinale, Agoseris aurantiaca	AEAH, TT, RT.org	Perennial / Zone 3 - 10b
Day Lilies (Not Easter Or Tiger Lilies!)	Hemerocallis sp.	AEAH, RT.org, TT moderate	Perennial / Zone 4a
Dayflower	Commelina diffusa	AEAH	Perennial / Zone 8b - 11
Deadnettle, Red Or Purple	Lamium purpureum	AEAH	Perennial / Zone 6a - 9b
Deer Grass	Muhlenbergia rigens	AEAH	Perennial
Desert Dandelion	Malacothrix glabrata	AEAH	?
Desert Four-O'Clock	Mirabilis spectabilis	AEAH	Perennial / Zone 6a
Desert Rose	Adenium obesum	AEAH	?
Diascia	Diascia spp.	TT	Perennial / Zone 9a - 11
Dichondra, Wonderlawn	Dichondra repens	AEAH	Perennial / Zone 9a - 11
Dill (Dill Weed)	Anethum graveolens	TT Moderate	Annual / Zone 2
Dock	Rumex sp.	AEAH	Perennial
Dog Grass	Elymus repens, syn. Elytrigia repens; Aegropyron repens	TT Safe	Perennial / Zone 4
Domestic Rose	Rosa gallica	RT.org	Perennial / Zone 3 - 8b
Easter Cactus	Rhipsalidopsis gaertneri; Hatiora gaertneri	TT Moderate	Perennial / Zone 10a - 12
Echeveria	Echeveria spp.	TT	Perennial
Echinacea	Echinacea sp.	AEAH, RT.org	Perennial / Zone 2 - 11
Elephant's Ears	Bergenia spp.	TT Moderate	Perennial / Zone 4a
Elm (tree)	Ulmus spp.	TT	Perennial / Zone 2 - 10a
Endives	Cichorium sp.	AEAH, TT Moderate	?
English Plantain	Plantago lanceolata	RT.org	Perennial / Zone 7a
Escallonia	Escallonia spp.	TT Sparingly	Perennial / Zone 9a - 11
European Wood Strawberry	Fragaria vesca	RT.org	Perennial
Evening Primrose	Oenothera biennis	AEAH, TT	Biennial
Evening Primrose, Cut-Leaved	Oenothera laciniata	AEAH	Annual
Everlasting Flower (Helichrysum, Straw Flower, Everlasting Daisy)	Xerochrysum bracteatum; Helichrysum; Bracteantha	TT Moderate	Perennial / Annual / Zone 9a - 10b
False Bindweed	Calystegia sp.	AEAH	Perennial
False Castor Oil Plant	Fatsia japonica	TT Moderate	Perennial / Zone 8a
False Goats' Beard	Astilbe spp.	TT	Perennial / Zone 4b
False Spirea	Astilbe spp.	TT	Perennial / Zone 4b
Fennel	Foeniculum sp.	AEAH, RT.org	Perennial
Fern Acacia	Acacia angustissima	AEAH	Perennial / Zone 6A
Ferns		AEAH, TT	?
Fescue Grass (Sheeps/Tall/Red/Blue/Creeeping Red/Meadow Fescue)	Festuca spp.	AEAH, TT	Perennial
Fescue, Blue	Festuca glauca	AEAH, TT	Perennial / Zone 4a
Fescue, Tall	Festuca arundinacea	AEAH, TT	?
Fibrous Begonia	Begonia semperflorens	TT	Perennial / Zone 8b
Field Madder (Blue Field Madder)	Sherardia arvensis; syn. Galium sherardia	TT	?
Field Maple (Hedge Maple, Common Maple)	Acer campestre	TT Sparingly	Perennial / Zone 5
Field Mustard	Brassica rapa	AEAH	Annual / Biennial
Field Pansy	Viola arvensis	RT.org	Perennial / Zone 2
Fig	ficus carica	RT.org	Perennial
Fig Tree	Moraceae	AEAH	?
Filaree	Erodium cicutarium	AEAH	Perennial / Zone 8a - 10b
Fishbone Fern	Nephrolepis exaltata	TT	Perennial / Zone 9a
Fittonia	Fittonia spp.	TT Moderate	Perennial / Zone 10b
Flowering Currant (Ribes)	Ribes sanguineum	TT	Perennial / Zone 6
Flowering Maple	Abutilon sp.	AEAH, TT, RT.org	Evergreen
Flowering Quince (Japanese Quince, Chinese Flowering Quince)	Chaenomeles speciosa; C. japonica; C. cathayensis	TT Sparingly	Perennial / Zone 4a - 8b
Forget-Me-Not	Myosotis spp.	TT	Perennial / Zone 3 - 8b
Forsythia	Forsythia spp.	AEAH, TT Moderate	Perennial / Zone 5a - 8b
Fountain Grass	Pennisetum spp.	TT Safe	?

Freindship Plant			
Frisee (Escarole) Lettuce	<i>pilea mollis</i> ; <i>P involucrata</i> ; <i>P. crassifolia</i>	TT	Perennial / Zone 11 - 12
Fuschia	<i>Cichorium Endivia</i>	TT Moderate	Annual / Zone 9a
Garden Nasturium	<i>Fuschia sp.</i>	AEAH, TT Moderate	Perennial
Garden Sage	<i>Tropaeolum majus</i>	AEAH	?
Gasteria	<i>Salvia officinalis</i>	RT.org	?
Gayfeather	<i>Gasteria spp.</i>	TT	Perennial
Gazania	<i>Liatris spp. esp. Liatris spicata</i>	TT Sparingly	Perennial / Zone 3
Gentian	<i>Gazania spp.</i>	AEAH, TT moderate	Perennial / Zone 9a
Geranium	<i>Gentiana spp.</i>	TT Sparingly	Perennial / Zone 4b - 7b
Gerbera	<i>Pelargonium sp.</i>	AEAH, TT	Perennial
German Chamomile	<i>Gerbera spp.</i>	TT Moderate	Perennial / Zone 8a
Geum	<i>Matricaria chamomilla</i>	AEAH	Annual
Giant Hyssop	<i>Geum spp.</i>	TT Sparingly	Perennial / Zone 5a
Ginkgo (tree)	<i>Agastache spp.</i>	TT Moderate	Perennial / Zone 6b
Globe Artichoke/Cardoon	<i>Ginkgo biloba</i>	TT Sparingly	Perennial
Globe Mallows	<i>Cynara scolymus</i> ; <i>Cynara cardunculus</i>	TT	Perennial / Zone 6a - 10b
Globe Thistle (Great Globe Thistle)	<i>Sphaeralcea sp.</i>	AEAH	Perennial / Zone 6a - 10b
Gloxinia	<i>Echinops spp.</i>	TT	Perennial / Zone 3 - 9b
Goat Head	<i>Sinningia speciosa</i>	TT	Perennial
Goat'S Beard (Goats Beard, Salsify)	<i>Tribulus terrestris</i>	AEAH	Annual
Godetia (Clarkia)	<i>Tragopogon spp.</i>	RT.org, TT	Biennial
Golden Bamboo Or Fishpole Bamboo	<i>Clarkia amoena</i>	TT	Annual
Goosegrass	<i>Phyllostachys aurea</i>	AEAH	Perennial / Zone 7a
Gorse	<i>Eleusine indica</i>	AEAH	Annual / Zone 8a - 10b
Grape	<i>Ulex spp.</i>	TT Sparingly	Perennial / Zone 6a - 9b
Grape Ivy	<i>Vitis spp.</i>	TT Sparingly	Perennial
Grape Vine	<i>Cissus rhombifolia</i>	TT	Perennial / Zone 9a - 11
Grape Vine	<i>Family Vitaceae & Berberidaceae</i>	AEAH	Perennial / Zone 3 - 9b ?????
Grapes	<i>Vitis spp.</i>	TT Moderate	Perennial
Ground Elder	<i>Vitis vinifera, labrusca</i>	RT.org	Perennial / Zone 9a - 11
Ground Ivy	<i>Aegopodium podagraria</i>	RT.org	Perennial / Zone 4a
Guava Tree	<i>Glechoma hederacea</i>	AEAH	Perennial / Zone 3b - 10b
Hawkbits	<i>Psidium guajava</i>	AEAH	Perennial / Zone 9a - 10b
Hawk's Beards	<i>Leontodon ssp</i>	AEAH	?
Haworthia	<i>Crepis biennis & capillaris</i>	AEAH	Annual
Haworthia Reinwardtii	<i>Haworthia spp.</i>	TT	Succulent
Haworthia reinwardtii	<i>Haworthia reinwardtii</i>	AEAH	Succulent
Hazel (Filbert, Kentish Cob, Cob)	<i>Corylus spp.</i>	TT Moderation	Perennial
Heartleaf Iceplant (Baby Sun Rose, Aptenia)	<i>Aptenia cordifolia</i>	TT	Perennial / Zones 10 - 12
Heather	<i>Erica spp.</i>	AEAH, TT moderate	Perennial / Zone 5a - 10b
Hebe	<i>Hebe spp.</i>	TT	Perennial / Zone 6a - 10b
Hen And Chicks	<i>Echeveria sp.</i>	AEAH	Perennial
Hen And Chicks	<i>Sempervivum sp.</i>	AEAH	Perennial
Henbit	<i>Lamium amplexicaule</i>	RT.org, AEAH	Annual
Heuchera	<i>Heuchera spp.</i>	TT Moderate	Perennial / Zone 2 - 8a
Hibiscus	<i>Hibiscus rosa-sinensis</i> ; <i>Hibiscus syriacus</i>	AEAH, TT, RT.org	Perennial
Hoary Plantain	<i>Plantago media</i>	RT.org	Perennial / Zone 4 - 8b
Hollyhock	<i>Alcea rosea</i>	AEAH, TT, RT.org	Biennial / Zone 2
Honesty	<i>Lunaria annua</i>	AEAH, TT moderate	Annual / Zone 6b
Honeysuckle	<i>Lonicera interrupta & japonica & periclymenum & caprifolium</i>	AEAH, TT moderate	Perennial / Zone 4a - 10b
Honeysuckle, Desert	<i>Anisacanthus thurberi</i>	AEAH	Perennial
Horse Parsley	<i>Smyrniolus olusatrum</i> ; <i>S. perfoliatum</i>	TT	Perennial / Zone 5a - 8b
Horseradish	<i>Amaracia rusticana</i>	RT.org	Perennial
Hosta (Plantain Lily)	<i>Hosta spp.</i>	AEAH, TT moderate	Perennial / Zone 3 - 8b
Hottentot Fig (Ice Plant, Pigface)	<i>Carportrotus edulis</i>	TT	Perennial / Zone 8a
House Leek (Sempervivum, Hens And Chicks)	<i>Sempervivum spp.</i>	AEAH, TT	Perennial
Ice Plant	<i>Delosperma spp.</i> ; <i>Lampranthus spp.</i> ; <i>Drosanthemum spp.</i>	TT Moderate	Perennial / Zone 6a - 9b
Ice Plant	<i>Sedum spectabile</i> ; <i>Hylotelephium spectabile</i>	TT	Perennial
Ice Plant (Trailing Ice Plant, Dew Flower)	<i>Delosperma spp.</i> ; <i>Lampranthus spp.</i> ; <i>Drosanthemum spp.</i>	TT	Perennial / Zone 6a - 9b
Ice Plants	<i>Mesembryanthemaceae family</i>	AEAH, RT.org	?
Iceberg Lettuce	<i>Lactuca sativa</i>	TT	Annual
Impatiens	<i>Impatiens glandulifera</i>	AEAH	Annual
Indian Bean Tree	<i>Catalpa spp.</i>	TT Sparingly	Perennial / Zone 4a - 8b
Indian Cress	<i>Tropaeolum majus</i>	AEAH	?
Indian Ricegrass	<i>Oryzopsis hymenoides</i>	AEAH	?
Irish Moss	<i>Soleirolia soleirolia</i>	AEAH	Perennial / Zone 9a
Italian Ryegrass	<i>Lolium multiflorum</i>	RT.org	?
Jacaranda	<i>Jacaranda spp.</i>	TT	Perennial / Zone 9b - 11
Jacobs Ladder	<i>Polemonium spp.</i>	TT Moderate	Perennial / Zone 3 - 9a
Jade Plant	<i>Crassula ovata</i> ; <i>Crassula argentea</i> ; <i>Crassula portulacae</i>	TT Moderate	Cactus / Zone 9b - 11
Japanese Bloodgrass	<i>Imperata cylindrica</i>	TT Moderate	Perennial / Zone 5a - 9b
Jasmine	<i>Jasminum officinale & grandiflour</i>	AEAH	Perennial / Zone 8a
Jasmine	<i>Jasminum spp.</i>	TT Moderate	Perennial / Zone 8a
Jerusalem Artichoke	<i>Helianthus tuberosus</i>	TT Moderate	Perennial / Zone 3 - 9b
Johnny-Jump-Up	<i>Viola tricolor</i>	AEAH, RT.org	Perennial / Zone 2
Jute Mallow (Jute, Jew's Mallow)	<i>Corchorus olitorius</i>	TT Moderate	Annual / Zone 10
Kalanchoe Sp.	<i>Kalanchoe sp.</i>	AEAH	Succulent
Kale	<i>Brassica oleracea</i>	AEAH, TT moderate	Biennial / Zone 6a - 10b
Kentucky Bluegrass	<i>Poa pratensis</i>	RT.org	Perennial / Zone 4a
Kikuyugrass	<i>Pennisetum clandestinum</i>	AEAH	?
Kleingrass	<i>Panicum coloratum</i>	AEAH	?
Knapweed	<i>Centaurea scabiosa</i> ; <i>C. nigra</i> ; <i>C. stoebe</i>	TT	Perennial
Knaulia Macedonica	<i>Knaulia macedonica</i>	TT Moderate	Perennial / Zone 2 - 10b
Knotweed	<i>Polygonum spp.</i>	AEAH	Perennial / Zone 4 - 8b
Kudzu	<i>Puerar lobata</i>	AEAH	Perennial
Ladder Fern	<i>Nephrolepis exaltata</i>	TT	Perennial / Zone 9a
Lady's Purse (Slipper Flower, Calceolaria, Pocketbook Flower, Slipperwort)	<i>Calceolaria</i>	TT	Annual
Lady's Mantle	<i>Alchemilla vulgaris</i>	RT.org, TT moderate	Perennial
Lamb'S Ear	<i>Stachys byzantina</i>	TT Moderate	Perennial
Lamb'S Lettuce	<i>Valerianella locusta</i> ; syn. <i>Valerianella oltoria</i>	TT Safe	Annual / Zone 2 - 11
Lavatera	<i>Lavatera plebia</i>	TT	?
Lavender	<i>Lavandula angustifolia & labiatae</i>	AEAH, TT moderate	Perennial / Zone 8b
Lemon Balm	<i>Melissa Officinalis</i>	TT Moderate	Perennial / Zone 4a - 9b
Lilac	<i>Syringa spp.</i>	AEAH, TT	Perennial / Zone 2 - 8b
Lime	<i>tilia spp.</i>	TT Moderate	?
Link & Otto	<i>Tradescantia crassula</i>	AEAH	?
Lipstick Plant	<i>Aeschynanthus spp.</i>	TT	Perennial / Zone 10a
Liquidambar (tree)	<i>Liquidambar spp.</i>	TT Sparingly	Perennial / Zone 5b - 9b
Littleseed	<i>Phalaris minor</i>	AEAH	?
Live Forever	<i>Sedum purpureum</i>	AEAH	Perennial
Livingstone Daisy	<i>Mesembryanthemum criniflorum</i>	TT	Annual
London Pride	<i>Saxifraga umbrosa</i>	TT	Perennial
Loquat Bush	<i>Eriobotrya japonica</i>	AEAH	Perennial / Zone 7a - 10b
Magnolia (tree)	<i>Magnolia spp.</i>	TT Moderate	Perennial / Zone 7a - 10a
Maize	<i>Zea mays</i>	TT	Annual
Mallow	<i>Malva sylvestris & rotundifolia & neglecta & moschata</i>	AEAH	Perennial / Zone 4a - 8b
Mallow, Desert	<i>Sphaeralcea ambigua</i>	AEAH	Perennial / Zone 6a - 10b
Malope Mallow	<i>Malope trifida</i>	TT	Annual
Maple (tree)	<i>Acer saccharum</i>	AEAH	Perennial / Zone 3
Maple (tree)	<i>Acer spp.</i>	TT Sparingly	Perennial
Marigold	<i>Tagetes sp.</i>	AEAH	Annual / Zone 2 - 11
Marigold (Pot Marigold, Field Marigold)	<i>Calendula spp.</i>	TT	Annual
Marjoram	<i>origanum majorana</i>	TT	Perennial / Zone 9a - 10b
Marrow	<i>Cucurbita pepo</i>	TT Moderate	Annual
Marsh Mallow	<i>althaea officinalis</i>	RT.org	Perennial / Zone 3
Meadow Fescue	<i>Festuca pratensis</i>	RT.org	?

Meadow Sage	Salvia pratensis	RT.org	?
Melon (Cantaloupe, Musk, Water, Honeydew)	Citrullus lanatus	TT Sparingly	Annual
Melon (Cantaloupe, Musk, Water, Honeydew)	Cucumis melo	TT Sparingly	Annual
Mexican Orange Blossom	Choisya ternata	TT Moderate	Perennial / Zone 8a - 10b
Mexican Petunia	Reuilla spp.	TT	Perennial / Zone 8a - 11
Michaelmas Daisy	Aster	TT	Zone 8b
Milk Thistle	Silybum marianum	AEAH	Biennial / Zone 7a - 10b
Milk Thistle (Blessed Thistle, Mary Thistle)	Silybum marianum	TT	Biennial / Zone 7a - 10b
Millet	Panicum miliaceum	TT Safe	?
Millet (Panicum, Proso/Common/Foxtail/Pearl Millet)	Panicum miliaceum; Pennistenum glaucum; Setaria italica	TT	?
Million Bells	Calibrachoa spp.; esp C. x hybrida	TT Moderate	Perennial / Zone 9b - 11
Mimosa (numerous other names)	Desmanthus illinoensis	AEAH	Perennial / Zone 3 - 9a
Mind-Your-Own-Business (Baby'S Tears)	Soleirolia soleirolii	TT	Perennial / Zone 9a
Mint	Mentha sachalinensis	TT	Perennial
Mojave Aster	Machaeranthera tortifolia	AEAH	Perennial / Zone 8 - 10
Monkey Plant	Ruellia makoyana	AEAH	Perennial / Zone 10a - 11
Moon Flower	Ipomoea alba & leptophylla	AEAH	Perennial / Zone 7a - 11
Morning Glory	Family Convolvulaceae	AEAH	Perennial / Zone 10b
Moss Roses	Portulaca sp.	AEAH	Annual
Mossy Saxifrage	Saxifraga	TT	Perennial
Mother In Laws Tongue	Sanseveria spp.	TT Moderate	Perennial
Mother Of Pearl	Graptopetalum paraguayense; syn. Sedum weinbergii; Echeveria weinbergii	AEAH	Perennial / Zone 8a
Mountain Ash	Sorbus aucuparia; S. americana	TT Sparingly	?
Muhly, Scratch Grass	Sporobolus asperifolius, i.e. Muhlenbergia asperifolia	AEAH	?
Mulberry Tree	Morus alba & nigra	AEAH, TT	Perennial / Zone 4b
Mulberry	Morus spec.	RT.org	Perennial / Zone 4b
Mullien	verbascum densiflorum	RT.org	Perennial
Musk Mallow	Malva moshata	TT	?
Mustard	Sisymbrium officinale, Brassica sp.	AEAH	?
Myrtle	Myrtus communis	TT Moderate	Perennial / Zone 8 - 10
Napiergrass	Pennisetum purpureum	AEAH	?
Nasturtium	Nasturtium sp.	AEAH	Perennial / Zone 3 - 11
Nasturtiums	Tropaeolum majus	AEAH, RT.org, TT moderate	?
Nectarine	Prunus persica, var. nectarina	TT Sparingly	Perennial
Needlegrass, Desert	Stipa speciosa	AEAH	?
Nemesia	Nemesia spp.	TT	Annual
Nettle	Urticaceae	RT.org	Perennial
Nettle, Stinging	Urtica dioica	AEAH	Perennial
Nipplewort	Lapsana communis	AEAH, TT	?
Oat Grass	Avena spp	TT Safe	Annual
Oatgrass	Arrhenatherum sp.	AEAH	Perennial / Zone 3 - 9
Okra	Abelmoschus Esculentus	TT Sparingly	Annual
Olive	Olea europaea	TT Moderate	Perennial / Zone 9a - 11
Opuntia (Opuntia Cactus, Prickly Pear, Nopales)	Opuntia spp.	TT	Perennial / Zone 7a
Orchard Grass	Avena sativa, Triticum spp., Lolium perenne, Lolium perenne	TT Safe	Annual
Orchard Grass	Dactylis glomerata	AEAH, RT.org	Perennial
Oregano (Wild Majoram)	Origanum vulgare	TT, RT.org	Perennial / Zone 4a - 9b
Ostrich Fern	Matteuccia struthiopteris	AEAH	Perennial / Zone 3 - 7b
Oswego Tea	Monarda spp.	TT	Perennial
Owl's Clover, Pink-Brush	Orthocarpus purpurascens, see Castilleja exserta	AEAH	?
Pachyphytum Bracteosum	Pachyphytum bracteosum	TT Moderate	Perennial
Pak Choi	Brassica rapa chinensis	TT Moderate	Annual
Pampas Grass	Cortaderia selboana	AEAH, TT Safe	Perennial / Zone 7b - 11
Pangolagrass	Digitaria decumbens	AEAH	?
Pansy/Viola	Viola spp.	AEAH, TT	Perennial / Zone 6 - 11
Paper Mulberry	Broussonetia papyrifera	AEAH	Perennial / Zone 10a
Peach	Prunus persica	TT Sparingly	Perennial
Pear	Pyrus spp.	TT Sparingly	Perennial
Pearl Millet	Pennisetum glaucum, see Cenchrus americanus	AEAH	?
Pearly Everlasting	Anaphalis spp.; esp Anaphalis margaritacea	TT Moderate	Perennial / Zone 3 - 8
Pelargonium (Geranium)	Pelargonium spp.	TT Moderate	Perennial
Pennywort	Cotyledon umbilicus - veneris	AEAH	?
Pennywort	Cotyledon umbilicus, i.e. Umbilicus rupestris	AEAH	?
Peperomia	Peperomia spp.	TT	?
Pepperglass	Lepidium spp.	AEAH	Zone 3 - 11
Perennial Cornflower (Bachelors Buttons)	Centaurea montana	TT	Perennial
Perennial Ryegrass	Lolium perenne	RT.org	?
Persimmon	Diospyros texanum & virginiana	AEAH	Perennial
Petunia	Petunia hybrida	RT.org	Perennial
Petunia/Million Bells	Petunia spp.; Calibrachoa spp.	AEAH, TT moderate	Perennial / Zone 9b - 11
Phlox	Phlox paniculata	AEAH, TT moderate	Perennial / Zone 3 - 9b
Pigweed	Amaranthus sp.	AEAH	Annual
Pineapple	Ananas cosmosus	TT Sparingly	Perennial / Zone 10a - 12
Pineapple Guava	Feijoa sellowiana	AEAH	Perennial / Zone 8b - 11
Pink Perstane	Montia sibirica	AEAH	?
Plantain	Plantago spp.	TT	Perennial / Zone 4 - 8b
Plantains	Plantago major & media & lanceolata	AEAH	Perennial / Zone 4 - 8b
Plum	Prunus domestica	TT Sparingly	Perennial
Polka Dot Plant	Hypoestes phyllostachya	TT	Perennial / Zone 10a
Poppy, California	Eschscholzia californica	AEAH	Perennial / Zone 9b - 10b
Pot Marigold	Calendula officinalis	RT.org	Annual
Potentilla	Potentilla atrosanguinea	TT Moderate	Perennial / Zone 5a - 8b
Potentilla Shrub (Cinquefoil)	Potentilla fruticosa	TT Moderate	?
Pothos	Epipremnum aureum	AEAH	Perennial
Poverty Weed	Monolepis nuttallia, Iva axillaris	AEAH	?
Prayer Plant	Maranta leuconeura	TT	Perennial / Zone 10a - 11
Prickly Lettuce	Lactuca serriola	AEAH	Annual
Prickly Pear Cactus	Opuntia spp.	AEAH, RT.org	Perennial / Zone 7a
Prickly Saltwort	Salsola kali	AEAH	?
Primrose	Primula vulgaris	AEAH	?
Pumpkin	Cucurbita pepo	TT Sparingly	Annual
Purple Cone Flower	Echinacea purpurea	RT.org	Perennial / Zone 2 - 10
Purple Deadnettle	Lamium purpureum	RT.org	Perennial / Zone 6a - 9b
Purple Loosestrife	Lythrum salicaria	RT.org, TT	Perennial / Zone 3 - 9b
Purselane	Portulaca sp.	AEAH	Annual
Purslane	Portulaca oleracea	AEAH	Annual
Quackgrass	Agropyron repens	AEAH	Perennial / Zone 4a
Quick Grass	Elymus repens, syn. Elytrigia repens; Agropyron repens	TT Safe	Perennial / Zone 4
Quick Weed	Galinisoga sp.	AEAH	Annual
Quince	Cydonia oblonga	TT Sparingly	Perennial / Zone 6a - 9b
Radicchio	Cichorium intybus	TT Moderate	?
Radish	Raphanus sativus	TT Moderate, RT.org	Annual
Raspberry	Rubus sp.	AEAH	Perennial / Zone 4a - 8b
Raspberry	rubus ideus	RT.org, TT Sparingly	Perennial / Zone 4a - 8b
Red Leaf Lettuce	Lactuca sativa	TT Moderate	Annual
Red Maids	Calandrinia ciliata	AEAH	Annual
Red Pitaya (Dragonfruit, Hylocereus)	Hylocereus spp.	TT Moderate	Succulent / Zone 10a - 11
Red Valerian	Centranthus ruber	TT	Perennial / Zone 5 - 8b
Reed Fescue	Festuca arundinacea	RT.org	?
Rock Cress	Arabis spp.	TT Moderate	Perennial / Zones 4 - 7
Rock Rose	Helianthemum nummularium	TT Moderate	Perennial / Zone 5b
Rocket	Eruca sativa; Eruca vesicaria	TT Moderate	Annual / Zone 9a - 11
Romaine Lettuce	Lactuca sativa	TT Moderate	Annual
Rose	Rosa sp.	AEAH, TT moderate	Perennial
Rosemary	Rosmarinus sp.	AEAH, TT sparingly	Perennial / Zone 8a - 10b

Rough Hawkbit	Leontodon hispidus	RT.org	?
Rough Hawksbeard	Crepis biennis	RT.org	Annual
Russian Thistle	Salsola kali	AEAH	?
Rutabaga	Brassica napus	TT Sparingly	?
Rye	Secale cereale	AEAH	Annual
Rye Grass	Avena sativa, Triticum spp., Lolium perenne, Lolium perenne	TT Safe	Annual
Sage	Salvia sp.	AEAH, TT moderate	?
Sainfoin	Onobrychis sativa	AEAH	?
Salad Burnet	Sanguisorba minor	AEAH	Perennial / Zone 4b - 10b
Saxifrage	Saxifraga spp.	TT	Perennial
Scarlet Monarda	Monarda spp.	TT	Perennial
Sea Grape	Coccoloba uvifera	AEAH	Perennial / Zone 9b - 11
Sea Holly	Eryngium maritimum; Eryngium bourgatii	TT	?
Sedum	Sedum	TT	Perennial
Sedum Album (White Stone Crop)	Sedum album	TT	Perennial
Sedum Reflexum	Sedum reflexum; syn. Sedum rupestre	TT	Perennial
Sedum Spurium (Dragon'S Blood Sedum; Tricolour Stonecrop; Two Row Stonecrop)	Sedum spurium	TT	Perennial
Self-Heal (Selfheal, Self Heal)	Prunella spp.	TT	Perennial / Zone 3
Sempervivum (House Leek, Hens And Chicks)	Sempervivum spp.	TT	Perennial
Senna, Desert	Cassia covesii	AEAH	?
Sesame Grass	Tripsacum dactyloides	AEAH	?
Shepherd's Purse	Capsella bursa & pastoris	AEAH	Annual
Shepherd's Purse	Capsella bursa-pastoris	RT.org	Annual
Slime Lilies	Albica sp.	AEAH	?
Smyrnium	Smyrnium olusatrum; S. perfoliatum	TT	Perennial / Zone 5a - 8b
Snake Plant	Sansevieria spp.	TT Moderate	Perennial
Snapdragon	Antirrhinum majus	TT	Perennial / Zones 7 - 10
Snow In Summer	Cerastium tomentosum	TT Moderate	Perennial / Zone 2
Sow Thistle	Sonchus oleraceus & arvensis	AEAH	Perennial / Zone 4a
Sow Thistle (Sowthistle)	Sonchus spp.	TT	Perennial / Zone 4a
Speedwell	Veronica spp.	TT	Perennial / Zone 4a - 8b
Spider Plant	Chlorophytum comosum	AEAH, TT	Perennial / Zone 8b
Spiderwort	Tradescantia pinetorum & occidentalis	AEAH	Perennial / Zone 3 - 9b
Spiraea	Spiraea spp.	TT	Perennial
Spurge	Euphorbia spp.	AEAH	Perennial
Squash	Cucurbita spp.	TT Sparingly	Annual
St. Augustine	Stenotaphrum secundatum	AEAH	Perennial / Zone 7b - 11
St. Johns Wort	Hypericum spp.	AEAH	Perennial / Zone 2 - 8b
Staghorn Fern	Platycerium bifurcatum	AEAH	Perennial / Zone 9b
Staghorn Sumac (tree)	Rhus typhina; syn. Rhus hirta	TT Sparingly	Perennial / Zone 3 - 8b
Sticky Monkey Flower	Mimulus aurantiacus	AEAH	Perennial / Zone 8b - 10b
Stocks	Matthiola spp.	TT Moderate	Perennial / Zone 7a - 9b
Stonecrops	Sedum sp.	AEAH	Perennial
Strawberries, Domestic	Fragaria x ananassa	AEAH, TT sparingly	Perennial
Strawberry, Wild	Fragaria vesca	AEAH	Perennial
Sunflower	Helianthus annuus	TT Moderate	Annual
Swedish Ivy	Plectranthus australis	AEAH	?
Sweet Basil	Ocimum basilicum	TT	Annual
Sweet Potato	Ipomoea batatas	RT.org	Perennial / Zone 11
Sweet Vernal Grass	Anthoxanthum odoratum	AEAH	?
Sweet Woodruff	Galium odoratum	TT	?
Sword Fern	Nephrolepis exaltata	TT	Perennial / Zone 9a
Tall Oat Grass	Arrhenatherum elatium	RT.org	Perennial / Zone 3 - 9
Tea Tree	Leptospermum scoparium	AEAH	Perennial / Zone 9a
Teasel (Teazel, Teazle)	Dipsacus fullonum	TT	Biennial / Zone 3 - 8b
Thyme	Thymus spp.	TT	Perennial / Zone 5a - 9b
Tiarella	Tiarella cordifolia; T. polyphylla	TT Moderate	Perennial / Zone 3 - 7b
Timothy	Phleum pratense	AEAH, TT, RT.org	?
Tradescantia	Tradescantia virginiana; T. andersoniana	TT Moderate	Perennial / Zone 3 - 9b
Tree Fern	Dicksonia antarctica	AEAH	?
Tree Houseleek	Aeonium sp.	AEAH	Perennial
Tropaeolum	Tropaeolum spp.	TT Moderate	?
Trumpet Vine	Campsis spp.	TT Sparingly	Perennial / Zone 4a - 10a
Turnip	Brassica rapa	TT Moderate	?
Twinspur	Diascia spp.	TT	Perennial / Zone 9a - 12
Umbrella Plant	Darmera peltata / Petasites hybridus	AEAH	Perennial / Zone 5 - 7b
Velvet Grass	Holcus lanatus	RT.org	?
Vetch - Bush, Common, Tufted	Vicia sepium & sativa & cracca	AEAH	Annual
Viola	Viola spp.	TT	Perennial / Zone 6 - 11
Violet (Sweet Violet, Dog Violet)	Viola spp.	AEAH, TT	Perennial / Zone 6 - 11
Wandering Jew	Tradescantia albiflora	AEAH, TT moderate	Perennial / Zone 8b
Watercress	Family Cruciferae	AEAH, TT moderate	?
Watercress	Nasturtium officinale	RT.org, TT moderate	Perennial / Zone 3 - 11
Wax Begonia	Begonia semperflorens	TT	Perennial / Zone 8b
Weeping Lovegrass	Eragrostis curvula	AEAH	Perennial
Weigela	Weigela spp.	TT Moderate	Perennial / Zone 5a
Welsh Poppy	Mecopopsis cambrica	AEAH, TT Moderate	Perennial / Zone 3 - 11
Wheat	Triticum spp.	TT Safe	Annual
Wheat Grass	Avena sativa, Triticum spp., Lolium perenne, Lolium perenne	TT Safe	Annual
Whispering Bells	Emmenanthe penduliflora	AEAH	Annual
White Clover	Trifolium repens	RT.org	Perennial
White Deadnettle	Lamium Album	RT.org	Perennial / Zone 3 - 10b
White Radish	Raphanus sativus	TT Moderate	Annual
White Tidy-Ups	Layia glandulosa	AEAH	Annual
Whitebeam	Sorbus aria	TT Sparingly	Perennial / Zone 9b
Wild Carrot	Daucus carota	AEAH, RT.org	Biennial
Wild Muscadine	Vitis rotundifolia	AEAH	Perennial / Zone 6a - 10b
Wild Oats	Avena fatua	AEAH	Annual
Wild Petunia	Reullia spp.	TT	Perennial / Zone 8a - 11
Wild Rose	Rosa canina	RT.org	Perennial
Wild Rose	Rosa spp.	TT Moderate	Perennial
Wild Rosemary	Eriocephalus africanus	RT.org	?
Willow (tree)	Family Salicaceae	AEAH	Perennial
Willow, Desert	Chilopsis linearis	AEAH	Perennial
Winter Jasmine	Jasminum nudiflorum	TT Moderate	Perennial / Zone 6a - 10a
Wintercress	Barbarea vulgaris	AEAH	Biennial / Zone 3 - 10b
Wisteria	Wisteria sp	AEAH	?
Witch Grass	Elymus repens, syn. Elytrigia repens; Agropyron repens	TT Safe	Perennial / Zone 4
Witch Hazel	Hamamelis spp	TT Moderate	Perennial / Zone 4a - 8b
Witchgrass	Panicum capillare	AEAH	?
Xmas Cactus	Schlumbergera	RT.org	Perennial / Zone 10a
Yarrow	Achillea millefolium	RT.org, AEAH	Perennial
Yellow Archangel: (Yellow Deadnettle, Variegated Yellow Archangel)	Lamium galeobdolon	TT	Perennial / Zone 2 - 10b
Yellow Bedstraw	Galium verum	RT.org	Perennial / Zone 4b - 10b
Yellow Loosestrife	Lysimachia vulgaris	TT Moderate	?
Yucca (Palm Lily, Adam'S Needle, Joshua Tree)	Yucca spp.	AEAH, TT moderate	Perennial
Zinnia	Zinnia spp.	TT, AEAH	Annual
Abelia	Abelia	TT Moderate	Perennial
Okra	Abelmoschus Esculentus	TT Sparingly	Annual
Abutilon	Abutilon	TT	Evergreen
Chinese Lantern	Abutilon hybridum	AEAH	Evergreen
Flowering Maple	Abutilon sp.	AEAH, TT, RT.org	Evergreen
Fern Acacia	Acacia angustissima	AEAH	Perennial / Zone 6A
Acanthus	Acanthaceae	TT	?
Bear's Breeches	Acanthaceae	TT	?
Acca	Acca sellowiana; syn. Orthostemon sellowianus	TT Moderate	Perennial Zone 8B
Field Maple (Hedge Maple, Common Maple)	Acer campestre	TT Sparingly	Perennial / Zone 5

Maple (tree)	Acer saccharum	AEAH	Perennial / Zone 3
Acer	Acer spp.	TT Springly	Perennial
Maple (tree)	Acer spp.	TT Springly	Perennial
Yarrow	Achillea millefolium	RT.org, AEAH	Perennial
Desert Rose	Adenium obesum	AEAH	?
Bishop's Goutweed	Aegopodium podagraria	RT.org	Perennial / Zone 4a
Ground Elder	Aegopodium podagraria	RT.org	Perennial / Zone 4a
Tree Houseleek	Aeonium sp.	AEAH	Perennial
Aeonium	Aeonium spp.	TT	Perennial
Lipstick Plant	Aeschynanthus spp.	TT	Perennial / Zone 10a
Giant Hyssop	Agastache spp.	TT Moderate	Perennial / Zone 6b
Agave	Agave sp.	AEAH, RT.org, TT springly	Perennial
Couchgrass	Agropyron repens	AEAH	Perennial / Zone 4a
Quackgrass	Agropyron repens	AEAH	Perennial / Zone 4a
Bentgrasses	Agrostis sp.	AEAH	Perennial
Bugle Weed	Ajuga reptans	AEAH, TT Moderate	Perennial / Zone 3
Stime Lilies	Albica sp.	AEAH	?
Hollyhock	Alcea rosea	AEAH, TT, RT.org	Biennial / Zone 2
Lady's Mantle	Alchemilla vulgaris	RT.org, TT moderate	Perennial
Aloe	Aloe spp.	AEAH, RT.org, TT moderate	Perennial /
Marsh Mallow	althaea officinalis	RT.org	Perennial / Zone 3
Pigweed	Amaranthus sp.	AEAH	Annual
Horseradish	Amaracia rusticana	RT.org	Perennial
Pineapple	Ananas cosmosus	TT Springly	Perennial / Zone 10a - 12
Pearly Everlasting	Anaphalis spp., esp Anaphalis margaritacea	TT Moderate	Perennial / Zone 3 - 8
Big Bluestem	Andropogon gerardi	AEAH	Zone 4a
Dill (Dill Weed)	Anethum graveolens	TT Moderate	Annual / Zone 2
Honeysuckle, Desert	Anisacanthus thurberi	AEAH	Perennial
Sweet Vernal Grass	Anthoxanthum odoratum	AEAH	?
Cow Parsley	Anthriscus sylvestris	RT.org	Biennial / Zone 7a
Antirrhinum	Antirrhinum majus	TT	Perennial / Zones 7 - 10
Snapdragon	Antirrhinum majus	TT	Perennial / Zones 7 - 10
Celeriac (Celery)	Apium graveolens	RT.org, TT	Perennial / Zones 3 - 6
Heartleaf Iceplant (Baby Sun Rose, Aptenia)	Aptenia cordifolia	TT	Perennial / Zones 10 - 12
Rock Cress	Arabis spp.	TT Moderate	Perennial / Zones 4 - 7
Tall Oat Grass	Arrhenatherum elatius	RT.org	Perennial / Zone 3 - 9
Oatgrass	Arrhenatherum sp.	AEAH	Perennial / Zone 3 - 9
Asparagus	Asparagus officinalis	TT Springly	Perennial / Zone 3 - 10
Asperagus Fern	Asperagus setaceus & plumosus	AEAH	Perennial / Zone 9 - 11
Aspidistra	Aspidistra spp.	TT moderate	Perennial / Zone 6b - 11
Cast Iron Plant	Aspidistra spp.	TT moderate	Perennial / Zone 6b - 11
Birds Nests Fern	Asplenium nidus	AEAH	Perennial / Zone 10a - 11
Michaelmas Daisy	Aster	TT	Zone 8b
Aster	Aster sp.	AEAH, TT Moderate	Zone 8b
Astilbe	Astilbe spp.	TT	Perennial / Zone 4b
False Goats' Beard	Astilbe spp.	TT	Perennial / Zone 4b
False Spirea	Astilbe spp.	TT	Perennial / Zone 4b
Cattle Spinach	Atriplex polycarpa	AEAH	Perennial / Zone
Aubretia	Aubretia	TT Moderate	Perennial / Zone 4a - 8b
Wild Oats	Avena fatua	AEAH	Annual
Cat Grass	Avena sativa, Triticum spp., Lolium perenne, Lolium perenne	TT Safe	Annual
Orchard Grass	Avena sativa, Triticum spp., Lolium perenne, Lolium perenne	TT Safe	Annual
Rye Grass	Avena sativa, Triticum spp., Lolium perenne, Lolium perenne	TT Safe	Annual
Wheat Grass	Avena sativa, Triticum spp., Lolium perenne, Lolium perenne	TT Safe	Annual
Oat Grass	Avena spp	TT Safe	Annual
Wintercress	Barbarea vulgaris	AEAH	Biennial / Zone 3 - 10b
Begonia	Begonia semperflorens	TT Moderate	Perennial / Zone 8b
Fibrous Begonia	Begonia semperflorens	TT	Perennial / Zone 8b
Wax Begonia	Begonia semperflorens	TT	Perennial / Zone 8b
Begonias	Begonia sp.	AEAH	Perennial / Zone 8b
Begonia	Begonia x tuberhybrida	TT Springly	Perennial / Zone 8b
Daisy, English	Bellis perennis	AEAH	Biennial / Zone 8b
Berberis (Barberry, Berberry)	Berberis spp.	TT Moderate	Perennial / Zone 4a
Elephant's Ears	Bergenia spp.	TT Moderate	Perennial / Zone 4a
Beetroot (Beet, Red Beet, Golden Beet)	Beta vulgaris	TT Springly	Biennial
Chard	Beta vulgaris	TT Springly	Biennial
Birch (tree)	Betula spp.	TT Moderate	Perennial / Zone 4a - 9b
Bougainvillea	Bougainvillea spp.	TT Moderate, AEAH	Perennial / Zone 10a
Blue Grama Grass	Bouteloua gracilis	AEAH	Perennial / Zone 2 - 9b
Rutabaga	Brassica napus	TT Springly	?
Black Mustard	Brassica Nigra	AEAH	Annual
Kale	Brassica oleracea	AEAH, TT moderate	Biennial / Zone 6a - 10b
Brussels Sprouts	Brassica oleracea (gemmifera group)	TT Moderate	Annual
Field Mustard	Brassica rapa	AEAH	Annual / Biennial
Turnip	Brassica rapa	TT Moderate	?
Pak Choi	Brassica rapa chinensis	TT Moderate	Annual
Brome	Bromus sp.	AEAH	Perennial / Zone 3 - 9
Paper Mulberry	Broussonetia papyrifera	AEAH	Perennial / Zone 10a
Buddleia	Buddleia spp.	TT Moderate	Perennial / Zone 5a
Butterfly Bush	Buddleia sp.	AEAH, TT, RT.org	Perennial / Zone 5a
Buddleia	Buddleia spp.	TT	Perennial / Zone 5a
Red Maids	Calandrinia ciliata	AEAH	Annual
Lady's Purse (Slipper Flower, Calceolaria, Pocketbook Flower, Slipperwort)	Calceolaria	TT	Annual
Pot Marigold	Calendula officinalis	RT.org	Annual
Marigold (Pot Marigold, Field Marigold)	Calendula spp.	TT	Annual
Million Bells	Calibrachoa spp., esp C. x hybrida	TT Moderate	Perennial / Zone 9b - 11
Callisia	Callisia spp., esp. Callisia repens syn Tradescantia minima	TT Moderate	Perennial / Zone 9a - 11
Bottle Brush	Callistemon	AEAH	Perennial / Zone 8a - 11
Camellia	Camellia japonica	TT Moderate	Perennial / Zone 6b
Creeping Bell	Campanula rapunculoides	AEAH	?
Bell Flower	Campanula spp.	TT	Perennial
Campanula	Campanula spp.	TT	Perennial
Canterbury Bells	Campanula spp.	TT	Perennial
Trumpet Vine	Campsis spp.	TT Springly	Perennial / Zone 4a - 10a
Shepherd's Purse	Capsella bursa & pastoris	AEAH	Annual
Shepherd's Purse	Capsella bursa-pastoris	RT.org	Annual
Bittercress	Cardamine hirsuta & flexuosa	AEAH	Annual
Carex	Carex spp.	TT Safe	Perennial / Zone 5 - 9b
Hottentot Fig (Ice Plant, Pigface)	Carpobrotus edulis	TT	Perennial / Zone 8a
Senna, Desert	Cassia covesii	AEAH	?
Indian Bean Tree	Catalpa spp.	TT Springly	Perennial / Zone 4a - 8b
Ceanothus	Ceanothus spp.	TT Springly	Perennial / Zone 8b - 10b
Buffelgrass	Cenchrus ciliaris	AEAH	?
Perennial Cornflower (Bachelors Buttons)	Centaura montana	TT	Perennial
Knapweed	Centaura scabiosa; C. nigra; C. stoebe	TT	Perennial
Red Valerian	Centranthus ruber	TT	Perennial / Zone 5 - 8b
Snow In Summer	Cerastium tomentosum	TT Moderate	Perennial / Zone 2
Chickweed	Cerastium vulgatum & arvense	AEAH	Perennial
Flowering Quince (Japanese Quince, Chinese Flowering Quince)	Chaenomeles speciosa; C. japonica; C. cathayensis	TT Springly	Perennial / Zone 4a - 8b
Chamomile	Chamaemelum nobile	AEAH	Perennial / Zone 4a
Willow, Desert	Chilopsis linearis	AEAH	Perennial
Spider Plant	Chlorophytum comosum	AEAH, TT	Perennial / Zone 8b
Mexican Orange Blossom	Choisya ternata	TT Moderate	Perennial / Zone 8a - 10b
Chrysanthemum	Chrysanthemum sp.	AEAH, TT Moderate	Perennial
Frisee (Escarole) Lettuce	Cichorium Endivia	TT Moderate	Annual / Zone 9a
Radicchio	Cichorium intybus	TT Moderate	?
Chicory (Wild Chicory)	Cichorium intybus	TT, RT.org	?

Chicory	Cichorium sp.	AEAH	?
Endives	Cichorium sp.	AEAH, TT Moderate	?
Californian Thistle	Cirsium arvense	RT.org	Perennial / Zone 3
Canadian Thistle	Cirsium arvense	RT.org	Perennial / Zone 3
Creeping Thistle	Cirsium arvense	RT.org	Perennial / Zone 3
Grape Ivy	Cissus rhombifolia	TT	Perennial / Zone 9a - 11
Cistus	Cistus spp.	TT Moderate	Perennial
Melon (Cantaloupe, Musk, Water, Honeydew)	Citrullus lanatus	TT Springly	Annual
Melon (Cantaloupe, Musk, Water, Honeydew)	Cucumis melo	TT Springly	Annual
Godetia (Clarkia)	Clarkia amoena	TT	Annual
Clarkia	Clarkia spp.	TT	Annual
Blessed Thistle	Cnicus benedictus	AEAH	?
Sea Grape	Coccoloba uvifera	AEAH	Perennial / Zone 9b - 11
Coleus	Coleus sp.	AEAH, TT	Perennial
Comfrey	Symphytum officinale	RT.org	Perennial / Zone 4a - 9b
Dayflower	Commelina diffusa	AEAH	Perennial / Zone 8b - 11
Bindweed	Convolvulus sp.	AEAH	Perennial
False Bindweed	Calystegia sp.	AEAH	Perennial
Jute Mallow (Jute, Jew's Mallow)	Corchorus olitorius	TT Moderate	Annual / Zone 10
Cordylone	Cordylone spp.	TT Springly	Perennial / Zone 8b
Coreopsis	Coreopsis gigantea	AEAH	?
Coreopsis	Coreopsis tinctoria & atkinsoniana	AEAH	Perennial / Zone 6a
Coreopsis	Coreopsis calliopsidea	AEAH	Perennial / Zone 6a
Coreopsis (Tickseed)	Coreopsis spp.	TT	Perennial / Zone 3
Coriander (Cilantro)	Coriandrum sativum	TT Moderate	Annual
Pampas Grass	Cortaderia selbiana	AEAH, TT Safe	Perennial / Zone 7b - 11
Hazel (Filbert, Kentish Cob, Cob)	Corylus spp.	TT Moderation	Perennial
Cosmos (Cosmea, Mexican Aster)	Cosmos spp.	TT Moderate	Annual
Pennywort	Cotyledon umbilicus - veneris	AEAH	?
Pennywort	Cotyledon umbilicus, i.e. Umbilicus rupestris	AEAH	?
Jade Plant	Crassula ovata; Crassula argentea; Crassula portulacaea	TT Moderate	Cactus / Zone 9b - 11
Hawk's Beards	Crepis biennis & capillaris	AEAH	Annual
Rough Hawksbeard	Crepis biennis	RT.org	Annual
Crossandra (Firecracker Flower)	Crossandra spp., esp. Crossandra infundibuliformis	TT	Zone 10a
Cucumber	Cucumis sativus	TT Moderate	Annual
Courgette (Zucchini, Baby Marrow)	Cucurbita pepo	TT Moderate	Annual
Marrow	Cucurbita pepo	TT Moderate	Annual
Pumpkin	Cucurbita pepo	TT Springly	Annual
Squash	Cucurbita spp.	TT Springly	Annual
Cuphea (False Heather, Cigar Plant)	Cuphea ignea; Cuphea ilavea	TT	Perennial / Zone 10a - 11
Quince	Cydonia oblonga	TT Springly	Perennial / Zone 6a - 9b
Artichoke	Cynara scolymus	RT.org	Perennial / Zone 6a - 10b
Globe Artichoke/Cardoon	Cynara scolymus; Cynara cardunculus	TT	Perennial / Zone 6a - 10b
Bermuda	Cynodon dactylon	AEAH	Perennial
Bermuda Grass	Cynodon dactylon	RT.org	Perennial
Crested Dogtail	Cynurus cristatus	RT.org	?
Chufa, Or Yellow Nut Grass	Cyperus esculentus	AEAH	Perennial / Zone 10b
Orchard Grass	Dactylis glomerata	AEAH, RT.org	Perennial
Dahlia	Dahlia pinnata & rosea	AEAH, RT.org, TT moderate	Perennial / Zone 8a
Umbrella Plant	Darmera peltata / Petasites hybridus	AEAH	Perennial / Zone 5 - 7b
Wild Carrot	Daucus carota	AEAH, RT.org	Biennial
Carrot	Daucus carota sativus	TT Springly	Biennial / Zone 8b
Ice Plant	Delosperma spp.; Lampranthus spp.; Drosanthemum spp.	TT Moderate	Perennial / Zone 6a - 9b
Ice Plant (Trailing Ice Plant, Dew Flower)	Delosperma spp.; Lampranthus spp.; Drosanthemum spp.	TT	Perennial / Zone 6a - 9b
Mimosa (numerous other names)	Desmanthus illinoensis	AEAH	Perennial / Zone 3 - 9a
Carnation	Dianthus caryophyllus	AEAH	Perennial
Diascia	Diascia spp.	TT	Perennial / Zone 9a - 11
Twinspur	Diascia spp.	TT	Perennial / Zone 9a - 12
Bluebells	Dichelostemma pulchellum	AEAH	Perennial
Dichondra, Wonderlawn	Dichondra repens	AEAH	Perennial / Zone 9a - 11
Tree Fern	Dicksonia antarctica	AEAH	?
Pangolagrass	Digitaria decumbens	AEAH	?
Crabgrass	Digitaria sanguinalis	AEAH	Annual
Arizona Cottontop Grass	Digitaria californica	AEAH	Annual
Persimmon	Diospyros texanum & virginiana	AEAH	Perennial
Teasel (Teazel, Teazle)	Dipsacus fullonum	TT	Biennial / Zone 3 - 8b
Com Plant	Dracaena fragrans	AEAH	Perennial
Hen And Chicks	Echeveria sp.	AEAH	Perennial
Echeveria	Echeveria spp.	TT	Perennial
Purple Cone Flower	Echinacea purpurea	RT.org	Perennial / Zone 2 - 10
Echinacea	Echinacea sp.	AEAH, RT.org	Perennial / Zone 2 - 11
Coneflower (Purple)	Echinacea sp. (Rudbeckia)	AEAH, TT	Perennial / Zone 2 - 12
Barnyardgrass	Echinochloa crus-galli	AEAH	?
Globe Thistle (Great Globe Thistle)	Echinops spp.	TT	Perennial / Zone 3 - 9b
Goosegrass	Elymus indica	AEAH	Annual / Zone 8a - 10b
Couch Grass	Elymus repens, syn. Elytrigia repens; Acriopyron repens	TT Safe	Perennial / Zone 4
Dog Grass	Elymus repens, syn. Elytrigia repens; Acriopyron repens	TT Safe	Perennial / Zone 4
Quick Grass	Elymus repens, syn. Elytrigia repens; Acriopyron repens	TT Safe	Perennial / Zone 4
Witch Grass	Elymus repens, syn. Elytrigia repens; Acriopyron repens	TT Safe	Perennial / Zone 4
Whispering Bells	Emmenanthe penduliflora	AEAH	Annual
Pothos	Epipremnum aureum	AEAH	Perennial
Weeping Lovegrass	Eragrostis curvula	AEAH	Perennial
Heather	Erica spp.	AEAH, TT moderate	Perennial / Zone 5a - 10b
Loquat Bush	Eriobotrya japonica	AEAH	Perennial / Zone 7a - 10b
Wild Rosemary	Eriocephalus africanus	RT.org	?
Buckwheat	Eriogonum fasciculatum	AEAH	Perennial / Zone 8b - 11
California Buckwheat	Eriogonum fasciculatum	AEAH	Perennial / Zone 8b - 11
Filaree	Erodium cicutarium	AEAH	Perennial / Zone 8a - 10b
Arugula	Eruca sativa	AEAH	Annual / Zone 9a - 11
Rocket	Eruca sativa; Eruca vesicaria	TT Moderate	Annual / Zone 9a - 11
Sea Holly	Eryngium maritimum; Eryngium bourgatii	TT	?
Escallonia	Escallonia spp.	TT Springly	Perennial / Zone 9a - 11
California Poppy	Eschscholzia californica	RT.org, TT moderate	Perennial / Zone 9b - 10b
Poppy, California	Eschscholzia californica	AEAH	Perennial / Zone 9b - 10b
Spurge	Euphorbia sp.	AEAH	Perennial
Beech (tree)	Fagus spp.	TT Moderate	Perennial / Zone 3
Bromeliads	Family Bromeliaceae	AEAH, TT	Perennial / Zone 8b - 11
Morning Glory	Family Convolvulaceae	AEAH	Perennial / Zone 10b
Cotyledon Orbiculata	Family Crassulaceae, Cotyledon orbiculata	AEAH	Perennial
Watercress	Family Cruciferae	AEAH, TT moderate	?
Willow (tree)	Family Salicaceae	AEAH	Perennial
Grape Vine	Family Vitaceae & Berberidaceae	AEAH	Perennial / Zone 3 - 9b ?????
Bamboo	Fargesia spp., Phyllostachys spp.	TT Moderate	Perennial / Zone 6b - 11
False Castor Oil Plant	Fatsia japonica	TT Moderate	Perennial / Zone 8a
Pineapple Guava	Feijoa sellowiana	AEAH	Perennial / Zone 8b - 11
Fescue, Tall	Festuca arundinacea	AEAH, TT	?
Reed Fescue	Festuca arundinacea	RT.org	?
Fescue, Blue	Festuca glauca	AEAH, TT	Perennial / Zone 4a
Meadow Fescue	Festuca pratensis	RT.org	?
Chewings Fescue	Festuca rubra commutata	RT.org	?
Fescue Grass (Sheeps/Tall/Red/Blue/Creeping Red/Meadow Fescue)	Festuca spp.	AEAH, TT	Perennial
Fig	ficus carica	RT.org	Perennial
California Filago	Filago californica	AEAH	?
Fittonia	Fittonia spp.	TT Moderate	Perennial / Zone 10b
Fennel	Foeniculum sp.	AEAH, RT.org	Perennial
Forsythia	Forsythia spp.	AEAH, TT Moderate	Perennial / Zone 5a - 8b
Strawberry, Wild	Fragaria vesca	AEAH	Perennial

European Wood Strawberry	Fragaria vesca	RT.org	Perennial
Strawberries, Domestic	Fragaria x ananassa	AEAH, TT sparingly	Perennial
Fuschia	Fuschia sp.	AEAH, TT Moderate	Perennial
Quick Weed	Galinsoga sp.	AEAH	Annual
Yellow Bedstraw	Galium verum	RT.org	Perennial / Zone 4b - 10b
Sweet Woodruff	Galium odoratum	TT	?
Gasteria	Gasteria spp.	TT	Perennial
Gazania	Gazania spp.	AEAH, TT moderate	Perennial / Zone 9a
Gentian	Gentiana spp.	TT Sparingly	Perennial / Zone 4b - 7b
Cranesbill Geranium	Geranium spp.	TT	Perennial / Zone 4a
Gerbera	Gerbera spp.	TT Moderate	Perennial / Zone 8a
Geum	Geum spp.	TT Sparingly	Perennial / Zone 5a
Ginkgo (tree)	Ginkgo biloba	TT Sparingly	Perennial
Ground Ivy	Glechoma hederacea	AEAH	Perennial / Zone 3b - 10b
Mother Of Pearl	Graptopetalum paraquayense: syn. Sedum weinbergii, Echeveria weinbergii	AEAH	Perennial / Zone 8a
Witch Hazel	Hamamelis spp.	TT Moderate	Perennial / Zone 4a - 8b
Haworthia Reinwardtii	Haworthia reinwardtii	AEAH	Succulent
Haworthia	Haworthia spp.	TT	Succulent
Hebe	Hebe spp.	TT	Perennial / Zone 6a - 10b
Rock Rose	Helianthemum nummularium	TT Moderate	Perennial / Zone 5b
Sunflower	Helianthus annuus	TT Moderate	Annual
Jerusalem Artichoke	Helianthus tuberosus	TT Moderate	Perennial / Zone 3 - 9b
Curry Plant	Helichrysum italicum, syn. H. augustifolium	TT Moderate	Perennial / Zone 8a - 11
Day Lilies (Not Easter Or Tiger Lilies!)	Hemerocallis sp.	AEAH, RT.org, TT moderate	Perennial / Zone 4a
Heuchera	Heuchera spp.	TT Moderate	Perennial / Zone 2 - 8a
Hibiscus	Hibiscus rosa-sinensis; Hibiscus syriacus	AEAH, TT, RT.org	Perennial
Curly Mesquite Grass	Hilaria belangeri	AEAH	?
Velvet Grass	Holcus lanatus	RT.org	?
Barley Grass (Barley)	Horelum spp.	TT	?
Hosta (Plantain Lily)	Hosta spp.	AEAH, TT moderate	Perennial / Zone 3 - 8b
Red Pitaya (Dragonfruit, Hylocereus)	Hylocereus spp.	TT Moderate	Succulent / Zone 10a - 11
St. Johns Wort	Hypericum spp.	AEAH	Perennial / Zone 2 - 8b
Cat's Ear	Hypochoeris radicata	TT	Perennial / Zone 4a
Cats Ears	Hypochoeris spp.	AEAH	Perennial / Zone 4a
Polka Dot Plant	Hypoestes phyllostachya	TT	Perennial / Zone 10a
Impatiens	Impatiens glandulifera	AEAH	Annual
Alang Alang	Imperata cylindrica	TT Moderate	Perennial / Zone 5a - 9b
Blood Grass	Imperata cylindrica	TT Moderate	Perennial / Zone 5a - 9b
Cogon Grass	Imperata cylindrica	TT Moderate	Perennial / Zone 5a - 9b
Japanese Bloodgrass	Imperata cylindrica	TT Moderate	Perennial / Zone 5a - 9b
Moon Flower	Ipomoea alba & leptophylla	AEAH	Perennial / Zone 7a - 11
Sweet Potato	Ipomoea batatas	RT.org	Perennial / Zone 11
Jacaranda	Jacaranda spp.	TT	Perennial / Zone 9b - 11
Winter Jasmine	Jasminum nudiflorum	TT Moderate	Perennial / Zone 6a - 10a
Jasmine	Jasminum officinale & grandiflorum	AEAH	Perennial / Zone 8a
Jasmine	Jasminum spp.	TT Moderate	Perennial / Zone 8a
Kalanchoe Sp.	Kalanchoe sp.	AEAH	Succulent
Knaulia Macedonica	Knaulia macedonica	TT Moderate	Perennial / Zone 2 - 10b
Iceberg Lettuce	Lactuca sativa	TT	Annual
Red Leaf Lettuce	Lactuca sativa	TT Moderate	Annual
Romaine Lettuce	Lactuca sativa	TT Moderate	Annual
Prickly Lettuce	Lactuca scariola	AEAH	Annual
Crape Myrtle (tree)	Lagerstroemia indica	TT Moderate	Perennial
White Deadnettle	Lamium Album	RT.org	Perennial / Zone 3 - 10b
Henbit	Lamium amplexicaule	RT.org, AEAH	Annual
Yellow Archangel: (Yellow Deadnettle, Variegated Yellow Archangel)	Lamium galeobdolon	TT	Perennial / Zone 2 - 10b
Deadnettle, Red Or Purple	Lamium purpureum	AEAH	Perennial / Zone 6a - 9b
Purple Deadnettle	Lamium purpureum	RT.org	Perennial / Zone 6a - 9b
Nippelwort	Lapsana communis	AEAH, TT	?
Bay Tree	Laurus nobilis	TT Sparingly	Perennial
Lavender	Lavandula angustifolia & labiatae	AEAH, TT moderate	Perennial / Zone 8b
Lavatera	Lavatera plebia	TT	?
White Tidy-Ups	Layia glandulosa	AEAH	Annual
Rough Hawkbit	Leontodon hispidus	RT.org	?
Hawkbits	Leontodon ssp	AEAH	?
Cress	Lepidium sativum	TT Moderate	?
Peppergrass	Lepidium spp.	AEAH	Zone 3 - 11
Tea Tree	Leptospermum scoparium	AEAH	Perennial / Zone 9a
Gayfeather	Liatris spp; esp. Liatris spicata	TT Sparingly	Perennial / Zone 3
Liquidambar (tree)	Liquidambar spp.	TT Sparingly	Perennial / Zone 5b - 9b
Alyssum, Sweet	Lobularia maritima	AEAH, TT Moderate	Perennial / Zone 3 - 9b
Italian Ryegrass	Lolium multiflorum	RT.org	?
Perennial Ryegrass	Lolium perenne	RT.org	?
Honeysuckle	Lonicera interrupta & japonica & periclymenum & caprifolium	AEAH, TT moderate	Perennial / Zone 4a - 10b
Birdsfoot Trefoil	Lotus corniculatus	AEAH, RT.org	Perennial / Zone 4a - 9b
Honesty	Lunaria annua	AEAH, TT moderate	Annual / Zone 6b
Creeping Jenny	Lysimachia nummularia	AEAH, TT Moderate	Perennial / Zone 4a - 7b
Yellow Loosetrife	Lysimachia vulgaris	TT Moderate	?
Purple Loosetrife	Lythrum salicaria	RT.org, TT	Perennial / Zone 3 - 9b
Mojave Aster	Machaeranthera tortifolia	AEAH	Perennial / Zone 8 - 10
Magnolia (tree)	Magnolia spp.	TT Moderate	Perennial / Zone 7a - 10a
Desert Dandelion	Malacothrix glabrata	AEAH	?
Malope Mallow	Malope trifida	TT	Annual
Musk Mallow	Malva moshata	TT	?
Mallow	Malva sylvestris & rotundifolia & neglecta & moschata	AEAH	Perennial / Zone 4a - 8b
Crab Apple	Malva sylvestris	TT Sparingly	Perennial / Zone 4a - 8b
Prayer Plant	Maranta leuconeura	TT	Perennial / Zone 10a - 11
German Chamomile	Matricaria chamomilla	AEAH	Annual
Ostrich Fern	Mattueccia struthiopteris	AEAH	Perennial / Zone 3 - 7b
Stocks	Matthiola spp.	TT Moderate	Perennial / Zone 7a - 9b
Welsh Poppy	Mecconopsis cambrica	AEAH, TT Moderate	Perennial / Zone 3 - 11
Black Medick	Medicago Lupulina	RT.org	Perennial / Zone 3 - 9b
Alfalfa	Medicago sativa	AEAH	Perennial / Zone 3 - 11
Lemon Balm	Melissa Officinalis	TT Moderate	Perennial / Zone 4a - 9b
Mint	Mentha sachalinensis	TT	Perennial
Ice Plants	Mesembryanthemaceae family	AEAH, RT.org	?
Livingstone Daisy	Mesembryanthemum criniflorum	TT	Annual
Sticky Monkey Flower	Mimulus aurantiacus	AEAH	Perennial / Zone 8b - 10b
Desert Four-O'Clock	Mirabilis spectabilis	AEAH	Perennial / Zone 6a
Bee Balm	Monarda spp.	TT	Perennial
Bergamot	Monarda spp.	TT	Perennial
Oswego Tea	Monarda spp.	TT	Perennial
Scarlet Monarda	Monarda spp.	TT	Perennial
Poverty Weed	Monolepis nuttallia, Iva axillaris	AEAH	?
Pink Perslane	Montia sibirica	AEAH	?
Fig Tree	Moraceae	AEAH	?
Mulberry Tree	Morus alba & nigra	AEAH, TT	Perennial / Zone 4b
Mulberry	Morus spec.	RT.org	Perennial / Zone 4b
Bamboo Muhly Grass	Muhlenbergia dumosa	AEAH	Perennial
Deer Grass	Muhlenbergia rigens	AEAH	Perennial
Banana (Plantain) (Fruit)	Musa acuminata, Musa balbisiana	TT Sparingly	Perennial
Banana	Musa sp.	AEAH, TT Moderate	Perennial
Forget-Me-Not	Myosotis spp.	TT	Perennial / Zone 3 - 8b
Myrtle	Myrtus communis	TT Moderate	Perennial / Zone 8 - 10
Watercress	Nasturtium officinale	RT.org, TT moderate	Perennial / Zone 3 - 11
Nasturtiums	Nasturtium sp.	AEAH	Perennial / Zone 3 - 11
Nemesia	Nemesia spp.	TT	Annual

Boston Fern	<i>Nephrolepis exaltata</i>	AEAH, TT	Perennial / Zone 9a
Fishbone Fern	<i>Nephrolepis exaltata</i>	TT	Perennial / Zone 9a
Ladder Fern	<i>Nephrolepis exaltata</i>	TT	Perennial / Zone 9a
Sword Fern	<i>Nephrolepis exaltata</i>	TT	Perennial / Zone 9a
Basil	<i>Ocimum basilicum</i>	AEAH, TT Moderate	Annual
Bush Basil	<i>Ocimum basilicum</i>	TT	Annual
Sweet Basil	<i>Ocimum basilicum</i>	TT	Annual
Evening Primrose	<i>Oenothera biennis</i>	AEAH, TT	Biennial
Evening Primrose, Cut-Leaved	<i>Oenothera lacinata</i>	AEAH	Annual
Olive	<i>Olea europaea</i>	TT Moderate	Perennial / Zone 9a - 11
Sainfoin	<i>Onobrychis sativa</i>	AEAH	?
Opuntia (Opuntia Cactus, Prickly Pear, Nopales)	<i>Opuntia</i> spp.	TT	Perennial / Zone 7a
Prickly Pear Cactus	<i>Opuntia</i> spp.	AEAH, RT.org	Perennial / Zone 7a
Marjoram	<i>origanum majorana</i>	TT	Perennial / Zone 9a - 10b
Oregano (Wild Majoram)	<i>Origanum vulgare</i>	TT, RT.org	Perennial / Zone 4a - 9b
Owl's Clover, Pink-Brush	<i>Orthocarpus purpurascens</i> , see <i>Castilleja exserta</i>	AEAH	?
Indian Ricegrass	<i>Onyopsis hymenoides</i>	AEAH	?
Cinnamon Fern	<i>Osmunda cinnamomea</i>	AEAH	Perennial / Zone 3 - 10b
Pachyphytum Bracteosum	<i>Pachyphytum bracteosum</i>	TT Moderate	Perennial
Witchgrass	<i>Panicum capillare</i>	AEAH	?
Kleingrass	<i>Panicum coloratum</i>	AEAH	?
Millet	<i>Panicum miliaceum</i>	TT Safe	?
Millet (Panicum, Proso/Common/Foxtail/Pearl Millet)	<i>Panicum miliaceum</i> ; <i>Pennisetum glaucum</i> ; <i>Setaria italica</i>	TT	?
Geranium	<i>Pelargonium</i> sp.	AEAH, TT	Perennial
Pelargonium (Geranium)	<i>Pelargonium</i> spp.	TT Moderate	Perennial
Kikuygrass	<i>Pennisetum clandestinum</i>	AEAH	?
Pearl Millet	<i>Pennisetum glaucum</i> , see <i>Cenchrus americanus</i>	AEAH	?
Napiergrass	<i>Pennisetum purpureum</i>	AEAH	?
Fountain Grass	<i>Pennisetum</i> spp.	TT Safe	?
Peperomia	<i>Peperomia</i> spp.	TT	?
Petunia	<i>Petunia hybrida</i>	RT.org	Perennial
Petunia/Million Bells	<i>Petunia</i> spp.; <i>Calibrachoa</i> spp.	AEAH, TT moderate	Perennial / Zone 9b - 11
Canarygrass	<i>Phalaris minor</i>	AEAH	?
Littleseed	<i>Phalaris minor</i>	AEAH	?
Bean (Runner, French, Green, String)	<i>Phaseolus coccineus</i> ; <i>P. vulgaris</i>	TT Moderate	Annual
Timothy	<i>Phleum pratense</i>	AEAH, TT, RT.org	?
Phlox	<i>Phlox paniculata</i>	AEAH, TT moderate	Perennial / Zone 3 - 9b
Cape Figwort	<i>Phygelius capensis</i>	TT	Perennial / Zone 10b
Cape Fuchsia	<i>Phygelius capensis</i>	TT Moderate	Perennial / Zone 10b
Golden Bamboo Or Fishpole Bamboo	<i>Phyllostachys aurea</i>	AEAH	Perennial / Zone 7a
Aluminium Plant	<i>Pilea cadieri</i> ; <i>Pilea spruceana</i>	TT Moderate	Perennial / Zone 11 - 12
Artillery Plant	<i>Pilea microphylla</i>	TT Moderate	Perennial / Zone 9b - 12
Freindship Plant	<i>Pilea mollis</i> ; <i>P involucrata</i> ; <i>P. crassifolia</i>	TT	Perennial / Zone 11 - 12
Creeping Charlie	<i>Pilea nummularifolia</i>	AEAH	Perennial / Zone 9a - 12
Bachelor'S Buttons	<i>Plagiobothrys</i> sp.	AEAH, TT Moderate	?
Comflower	<i>Plagiobothrys</i> sp.	AEAH	?
English Plantain	<i>Plantago lanceolata</i>	RT.org	Perennial / Zone 7a
Plantains	<i>Plantago major</i> & <i>media</i> & <i>lanceolata</i>	AEAH	Perennial / Zone 4 - 8b
Common Plantain	<i>Plantago major</i>	RT.org	Perennial / Zone 4 - 8b
Hoary Plantain	<i>Plantago media</i>	RT.org	Perennial / Zone 4 - 8b
Plantain	<i>Plantago</i> spp.	TT	Perennial / Zone 4 - 8b
Staghorn Fern	<i>Platycterium bifurcatum</i>	AEAH	Perennial / Zone 9b
Balloon Flower	<i>Platyodon grandiflorus</i>	TT Moderate	Perennial
Swedish Ivy	<i>Plectranthus australis</i>	AEAH	?
Bluegrass, Annual	<i>Poa annua</i>	AEAH	?
Kentucky Bluegrass	<i>Poa pratensis</i>	RT.org	Perennial / Zone 4a
Jacobs Ladder	<i>Polemonium</i> spp.	TT Moderate	Perennial / Zone 3 - 9a
Knotweed	<i>Polygonum</i> spp.	AEAH	Perennial / Zone 4 - 8b
Purslane	<i>Portulaca oleracea</i>	AEAH	Annual
Moss Roses	<i>Portulaca</i> sp.	AEAH	Annual
Purselane	<i>Portulaca</i> sp.	AEAH	Annual
Potentilla	<i>Potentilla atrosanguinea</i>	TT Moderate	Perennial / Zone 5a - 8b
Potentilla Shrub (Cinquefoil)	<i>Potentilla fruticosa</i>	TT Moderate	?
Primrose	<i>Primula vulgaris</i>	AEAH	?
Self-Heal (Selfheal, Self Heal)	<i>Prunella</i> spp.	TT	Perennial / Zone 3
Plum	<i>Prunus domestica</i>	TT Sparingly	Perennial
Peach	<i>Prunus persica</i>	TT Sparingly	Perennial
Nectarine	<i>Prunus persica</i> , var. <i>nectarina</i>	TT Sparingly	Perennial
Guava Tree	<i>Psidium guajava</i>	AEAH	Perennial / Zone 9a - 10b
Kudzu	<i>Puerar lobata</i>	AEAH	Perennial
Pear	<i>Pyrus</i> spp.	TT Sparingly	Perennial
Radish	<i>Raphanus sativus</i>	TT Moderate, RT.org	Annual
White Radish	<i>Raphanus sativus</i>	TT Moderate	Annual
Wild Petunia	<i>Reullia</i> spp.	TT	Perennial / Zone 8a - 11
Mexican Petunia	<i>Reullia</i> spp.	TT	Perennial / Zone 8a - 11
Easter Cactus	<i>Rhipsalidopsis gaertneri</i> ; <i>Hatori gaertneri</i>	TT Moderate	Perennial / Zone 10a - 12
Staghorn Sumac (tree)	<i>Rhus typhina</i> ; syn. <i>Rhus hirta</i>	TT Sparingly	Perennial / Zone 3 - 8b
Black Currant	<i>Ribes nigrum</i>	RT.org	Perennial / Zone 3 - 8b
Flowering Currant (Ribes)	<i>Ribes sanguineum</i>	TT	Perennial / Zone 6
Wild Rose	<i>Rosa canina</i>	RT.org	Perennial
Domestic Rose	<i>Rosa gallica</i>	RT.org	Perennial / Zone 3 - 8b
Rose	<i>Rosa</i> sp.	AEAH, TT moderate	Perennial
Wild Rose	<i>Rosa</i> spp.	TT Moderate	Perennial
Rosemary	<i>Rosmarinus</i> sp.	AEAH, TT sparingly	Perennial / Zone 8a - 10b
Blackberry	<i>Rubus fruticosus</i>	RT.org, TT sparingly	Perennial / Zone 5a - 9b
Raspberry	<i>rubus ideus</i>	RT.org, TT Sparingly	Perennial / Zone 4a - 8b
Blackberry	<i>Rubus</i> sp.	AEAH, TT sparingly	Perennial / Zone 5a - 9b
Raspberry	<i>Rubus</i> sp.	AEAH	Perennial / Zone 4a - 8b
Bramble	<i>Rubus</i> spp., esp. <i>Rubus Fruticosus</i>	TT Moderate	Perennial / Zone 4a - 8b
Monkey Plant	<i>Ruellia makoyana</i>	AEAH	Perennial / Zone 10a - 11
Common Sorrel	<i>Rumex</i> sp. & <i>Oxalis</i> sp.	AEAH	Perennial
Dock	<i>Rumex</i> sp.	AEAH	Perennial
African Violet	<i>Saintpaulia</i> spp.	TT	Perennial / Zone 9a
Prickly Saltwort	<i>Salsola kali</i>	AEAH	?
Russian Thistle	<i>Salsola kali</i>	AEAH	?
Chia	<i>Salvia hispanica</i>	RT.org, TT	Perennial / Zone 9a - 11
Garden Sage	<i>Salvia officinalis</i>	RT.org	?
Meadow Sage	<i>Salvia pratensis</i>	RT.org	?
Sage	<i>Salvia</i> sp.	AEAH, TT moderate	?
Salad Burnet	<i>Sanguisorba minor</i>	AEAH	Perennial / Zone 4b - 10b
Burnet	<i>Sanguisorba officinalis</i>	TT Moderate	?
Mother In Laws Tongue	<i>Sansevieria</i> spp.	TT Moderate	Perennial
Snake Plant	<i>Sansevieria</i> spp.	TT Moderate	Perennial
Creeping Zinnia (Mexican Creeping Zinnia, Sanvitalia)	<i>Sanvitalia</i> spp.	TT Moderate	Annual
Saxifrage	<i>Saxifraga</i> spp.	TT	Perennial
London Pride	<i>Saxifraga umbrosa</i>	TT	Perennial
Mossy Saxifrage	<i>Saxifraga</i>	TT	Perennial
Xmas Cactus	<i>Schlumbergera</i>	RT.org	Perennial / Zone 10a
Christmas Cactus	<i>Schlumbergera bridgesii</i>	TT moderate	Perennial
Rye	<i>Secale cereale</i>	AEAH	Annual
Chayote	<i>Sechium edule</i>	TT Sparingly	Perennial / Zone 8b - 11
Sedum	<i>Sedum</i>	TT	Perennial
Sedum Album (White Stone Crop)	<i>Sedum album</i>	TT	Perennial
Live Forever	<i>Sedum purpureum</i>	AEAH	Perennial
Sedum Reflexum	<i>Sedum reflexum</i> ; syn. <i>Sedum rupestre</i>	TT	Perennial
Stonecrops	<i>Sedum</i> sp.	AEAH	Perennial
Broadleaf Stonecrop	<i>Sedum spathulifolium</i>	TT Moderate	Perennial

Ice Plant	<i>Sedum spectabile; Hylotelephium spectabile</i>	TT	Perennial
Sedum Spurium (Dragon'S Blood Sedum; Tricolour Stonecrop; Two Row Stonecrop)	<i>Sedum spurium</i>	TT	Perennial
Hen And Chicks	<i>Sempervivum sp.</i>	AEAH	Perennial
House Leek (Sempervivum, Hens And Chicks)	<i>Sempervivum spp.</i>	AEAH, TT	Perennial
Sempervivum (House Leek, Hens And Chicks)	<i>Sempervivum spp.</i>	TT	Perennial
Cassia	<i>Senna sp.</i>	AEAH	Perennial / Zone 9a - 11
Field Madder (Blue Field Madder)	<i>Sherardia arvensis; syn. Galium sherardia</i>	TT	?
Catbrier	<i>Smilax rotundifolia & sp.</i>	AEAH	Perennial
Common Greenbrier	<i>Smilax rotundifolia & sp.</i>	AEAH	Perennial
Milk Thistle	<i>Silybum marianum</i>	AEAH	Biennial / Zone 7a - 10b
Milk Thistle (Blessed Thistle, Mary Thistle)	<i>Silybum marianum</i>	TT	Biennial / Zone 7a - 10b
Gloxinia	<i>Sinningia speciosa</i>	TT	Perennial
Mustard	<i>Sisymbrium officinale, Brassica sp.</i>	AEAH	?
Alexanders	<i>Smyrniolum olusatrum; S. perfoliatum</i>	TT	Perennial / Zone 5a - 8b
Horse Parsley	<i>Smyrniolum olusatrum; S. perfoliatum</i>	TT	Perennial / Zone 5a - 8b
Smyrniolum	<i>Smyrniolum olusatrum; S. perfoliatum</i>	TT	Perennial / Zone 5a - 8b
Baby'S Tears	<i>Soleirolia soleirolia</i>	AEAH	Perennial / Zone 9a
Irish Moss	<i>Soleirolia soleirolia</i>	AEAH	Perennial / Zone 9a
Mind-Your-Own-Business (Baby'S Tears)	<i>Soleirolia soleirolia</i>	TT	Perennial / Zone 9a
Coleus (Flame Nettle, Painted Nettle)	<i>Solenostemon; Plectranthus (formerly Coleus)</i>	TT	Perennial
Sow Thistle	<i>Sonchus oleraceus & arvensis</i>	AEAH	Perennial / Zone 4a
Sow Thistle (Sowthistle)	<i>Sonchus spp.</i>	TT	Perennial / Zone 4a
Whitebeam	<i>Sorbus aria</i>	TT Sparingly	Perennial / Zone 9b
Mountain Ash	<i>Sorbus aucuparia; S. americana</i>	TT Sparingly	?
Mallow, Desert	<i>Sphaeralcea ambigua</i>	AEAH	Perennial / Zone 6a - 10b
Globe Mallows	<i>Sphaeralcea sp.</i>	AEAH	Perennial / Zone 6a - 10b
Spiraea	<i>Spiraea spp</i>	TT	Perennial
Muhly, Scratch Grass	<i>Sporobolus asperifolius, i.e. Muhlenbergia asperifolia</i>	AEAH	?
Lamb'S Ear	<i>Stachys byzantina</i>	TT Moderate	Perennial
Big Betony	<i>Stachys macrantha, syn Stachys grandiflora</i>	TT Moderate	Perennial
Chickweed	<i>Stellaria Media</i>	RT.org	Annual / Zone 6a
Buffalo Grass	<i>Stenotaphrum secundatum</i>	AEAH	Perennial / Zone 7b - 11
Charleston Grass	<i>Stenotaphrum secundatum</i>	AEAH	Perennial / Zone 7b - 11
St. Augustine	<i>Stenotaphrum secundatum</i>	AEAH	Perennial / Zone 7b - 11
Needlegrass, Desert	<i>Stipa speciosa</i>	AEAH	?
Lilac	<i>Syringa spp.</i>	AEAH, TT	Perennial / Zone 2 - 8b
Marigold	<i>Tagetes sp.</i>	AEAH	Annual / Zone 2 - 11
Dandelion	<i>Taraxacum officinale, Agoseris aurantiaca</i>	AEAH, TT, RT.org	Perennial / Zone 3 - 10b
Thyme	<i>Thymus spp.</i>	TT	Perennial / Zone 5a - 9b
Tiarella	<i>Tiarella cordifolia; T. polyphylla</i>	TT Moderate	Perennial / Zone 3 - 7b
Lime	<i>tilia spp.</i>	TT Moderate	?
Air Plant	<i>Tillandsia</i>	TT	Perennial
Wandering Jew	<i>Tradescantia albiflora</i>	AEAH, TT moderate	Perennial / Zone 8b
Link & Otto	<i>Tradescantia crassula</i>	AEAH	?
Spiderwort	<i>Tradescantia pinetorum & occidentalis</i>	AEAH	Perennial / Zone 3 - 9b
Tradescantia	<i>Tradescantia virginiana; T. andersoniana</i>	TT Moderate	Perennial / Zone 3 - 9b
Goat'S Beard (Goats Beard, Salsify)	<i>Tragopogon spp.</i>	RT.org, TT	Biennial
Goat Head	<i>Trifolium terrestris</i>	AEAH	Annual
Alsike Clover	<i>Trifolium hybridum</i>	RT.org	?
Crimson Clover	<i>Trifolium incarnatum</i>	RT.org	Annual
Clover	<i>Trifolium repens & pratense</i>	AEAH	Perennial / Zone 3
White Clover	<i>Trifolium repens</i>	RT.org	Perennial
Clover	<i>Trifolium spp.</i>	TT	Perennial
Sesame Grass	<i>Tripsacum dactyloides</i>	AEAH	?
Wheat	<i>Triticum spp.</i>	TT Safe	Annual
Climbing Nasturtium	<i>Tropaeolum majus</i>	AEAH	?
Garden Nasturtium	<i>Tropaeolum majus</i>	AEAH	?
Indian Cress	<i>Tropaeolum majus</i>	AEAH	?
Nasturtiums	<i>Tropaeolum majus</i>	AEAH, RT.org, TT moderate	?
Tropaeolum	<i>Tropaeolum spp.</i>	TT Moderate	?
Gorse	<i>Ulex spp.</i>	TT Sparingly	Perennial / Zone 6a - 9b
Elm (tree)	<i>Ulmus spp.</i>	TT	Perennial / Zone 2 - 10a
Nettle, Stinging	<i>Urtica dioica</i>	AEAH	Perennial
Nettle	<i>Urticaceae</i>	RT.org	Perennial
Blueberry	<i>Vaccinium sp.</i>	TT Sparingly	Perennial / Zone 4a - 8a
Bilberry	<i>Vaccinium myrtillus</i>	TT Sparingly	Perennial
Corn Salad	<i>Valerianaceae</i>	TT	Annual / Zone 2 - 11
Lamb'S Lettuce	<i>Valerianella locusta; syn. Valerianella oleritia</i>	TT Safe	Annual / Zone 2 - 11
Mullien	<i>verbascum densiflorum</i>	RT.org	Perennial
Speedwell	<i>Veronica spp.</i>	TT	Perennial / Zone 4a - 8b
Vetch - Bush, Common, Tufted	<i>Vicia sepium & sativa & cracca</i>	AEAH	Annual
Field Pansy	<i>Viola arvensis</i>	RT.org	Perennial / Zone 2
Pansy/Viola	<i>Viola spp.</i>	AEAH, TT	Perennial / Zone 6 - 11
Viola	<i>Viola spp.</i>	TT	Perennial / Zone 6 - 11
Violet (Sweet Violet, Dog Violet)	<i>Viola spp.</i>	AEAH, TT	Perennial / Zone 6 - 11
Johnny-Jump-Up	<i>Viola tricolor</i>	AEAH, RT.org	Perennial / Zone 2
Wild Muscadine	<i>Vitis rotundifolia</i>	AEAH	Perennial / Zone 6a - 10b
Grape	<i>Vitis spp.</i>	TT Sparingly	Perennial
Grape Vine	<i>Vitis spp.</i>	TT Moderate	Perennial
Grapes	<i>Vitis vinifera, labrusca</i>	RT.org	Perennial / Zone 9a - 11
Weigela	<i>Weigela spp.</i>	TT Moderate	Perennial / Zone 5a
Wisteria	<i>Wisteria sp</i>	AEAH	?
Everlasting Flower (Helichrysum, Straw Flower, Everlasting Daisy)	<i>Xerochrysum bracteatum; Helichrysum; Bracteantha</i>	TT Moderate	Perennial / Annual / Zone 9a - 10b
Yucca (Palm Lily, Adam'S Needle, Joshua Tree)	<i>Yucca spp.</i>	AEAH, TT moderate	Perennial
Maize	<i>Zea mays</i>	TT	Annual
Zinnia	<i>Zinnia spp.</i>	TT, AEAH	Annual
Ferns		AEAH,TT	?